

CALL YOUR PERSON! Ploov! Ploov! Ploov!



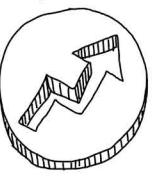
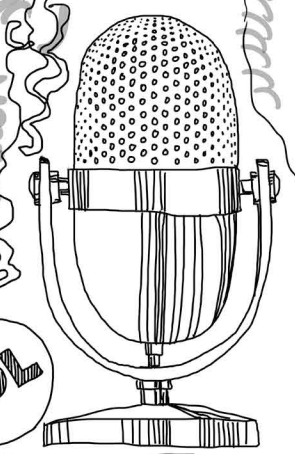
HIT ME ON THE BUZZZ AYYYYY!

YOU TAKE YOUR MEDS ANOTHER ROUND

WITH HEBEN

Drink some water

A PODCAST



AND TRACY

BuzzFeed SELF CARE